

The 3rd International Single Session Therapy and Walk-in Services Symposium 2019

Single Session Thinking: Going global one step at a time

The Bouverie Centre, La Trobe University is delighted to present the 3rd International Single Session Therapy and Walk-in Services Symposium in Melbourne from 24th to 25th October this year.

The theme is *Single Session Thinking: Going global one step at a time*. It builds on the previous two Single Session Therapy and Walk-in Services symposiums held in Australia (2012) and Canada (2015). It offers opportunities to connect, share and collaborate with colleagues from psychology, social work, nursing, public health, counselling, psychotherapy, mental health and well-being and beyond. Moving away from the tradition of a series of keynote presentations, this symposium promotes engagement and broad discussions highlighting the implementation of Single Session Thinking in various contexts with the aim of greater community of practice and further collaborations across the globe in utilising single session approaches in ways that enhance our work.

Research shows that the most common number of sessions clients have in counselling, whether we like it or not, is one, and that these one-off sessions can be surprisingly helpful. In a time of limited public health dollars and growing demand for accessible high quality services, single session thinking can help address this dilemma by informing efficient, client-led, transparent services.

The event will feature renowned experts in the single session thinking from the U.S., Canada, Israel, Italy, Mexico, China, Sweden, Singapore, New Zealand, the U.K. and Australia, and more.

Be part of this exciting opportunity and register for the symposium before 30 June 2019 to access Early Bird discounts.

Visit www.bouverie.org.au/events/sst2019 for more information and how to register.